



**CCDI Consulting Inc.
Consultation CCDI, Inc.**

e-Learning: Introduction to Unconscious Bias

Description

This course explores one of the most pervasive barriers to inclusion in the workplace and society – unconscious bias. You will examine types of bias and their impacts on experiences in life and the workplace. Bias can not be eliminated but it can be managed, so you will learn to identify strategies to increase awareness and mitigate the impact of bias in the workplace.

By leveraging the experience of participants through discussions and group activities, we explore the sources and mechanics of bias as well as its impact in the workplace. We then provide participants with various strategies that they can use to increase awareness and mitigate the impact of bias in the workplace.

Accessibility

This course aligns with the universal design for learning guidelines. It is mindfully and professionally designed to optimally suit the needs, abilities, and learning styles of a wide range of learners. It also conforms to level AA (WCAG2) accessibility guidelines including close captioning, screen reader accessibility, and keyboard accessibility.

What You'll Learn

- Differentiate bias, stereotype, prejudice, and discrimination
- Evaluate your reliable sources of bias
- Reflect on your own biases
- Recognize workplace behaviours and decisions that bias may influence
- Apply strategies to manage the effects of unconscious bias in the workplace