

Supporting Individuals with Disabilities:

Tips for Building an Inclusive Workplace



Educate Yourself

Take the time to learn about the different types of disabilities and how they can affect individuals. This will help you understand their needs and how to support them.

Focus on Abilities

Instead of focusing on an individual's limitations, focus on what they can do. This promotes self-esteem and empowers individuals to contribute meaningfully.



Provide Accommodations

Provide accommodations such as assistive technology, wheelchair ramps, and accessible transportation to help individuals with disabilities participate fully in activities.

Avoid Assumptions

Avoid making assumptions about individuals with disabilities, their abilities, and their needs. Everyone is unique, and it's important to communicate with individuals and understand their needs on an individual basis.



Respect their Independence

Allow individuals with disabilities to make their own decisions and be independent as much as possible. This includes respecting their choices and supporting their autonomy.